

## Kevin Biggar



If you ever thought that you couldn't do it Kevin is living proof of whatever the mind can believe, it can achieve. From the comfort of his couch, Kevin dared to dream and set himself some goals that for most of us would be outrageous.

Kevin Biggar was a strategy consultant with The Boston Consulting Group before he left the corporate world to take part in the world's toughest test of endurance - the trans-Atlantic Rowing race. An unusual choice for anyone but particularly someone who hadn't rowed before and was prone to seasickness!

Together with his rowing partner Jamie Fitzgerald he then went on to undertake a much tougher challenge - the first ever unsupported trek from the coast of Antarctica to the South Pole and back.

Since then he has been the CEO of a software startup and has written or co-written three books 'The Oarsome Adventures of a Fat Boy Rower' (the Sunday Star Times best sports book of 2008) 'Escape to the Pole' (2010), and 'First Crossings' all published by Random House. Kevin was also the co-host of the TVNZ series 'First Crossings' and 'Intrepid NZ' recreating historic adventures in NZ.

Kevin has spent the last fifteen years continuing his fascination with performance, personal transformation and the psychology of teams. His advice about how to unleash your potential - shared in highly visual and entertaining presentations have made a lasting impact on thousands of people in New Zealand and Australia.

In a rollicking and outrageous yarn, Kevin shares what he has learned about taking on big, crazy challenges. Prepare to have your limits burst!